

5 Biggest Mistakes Parents Make in Helping Their Teen Pick a **Career (And How to Fix Them!)**

By Dale Callahan | AskDrCallahan

Click here to Watch Video!

Read this if:

- ✓ You want to help your teen make a smart career decisions (without wasting time or money).
- ✓ You're not sure if college, trade school, business, etc. is the best path for them.
- ✓ You want to avoid the common mistakes parents make when guiding their kids' futures.

Mistake #1: Pushing College as the Only Option

X The Problem:

- We often assume **college** is the only path to success when other great options exist.
- Some careers **don't require a college degree** (that list is growing!).
- In college, teens pick random majors just because it's expected.

✓	How to Fix It:
	List 3 careers your teen is interested in.

Research whether a college degree is needed for those careers.

Look into **trade schools, certifications, or apprenticeships** as alternatives.

Quick Tip: Many high-paying jobs don't require a degree—Google salaries for cybersecurity, software engineering, plumbing, or digital marketing! Although you can get degrees in some of these fields - usually not needed.

Mistake #2: Choosing a Career Based on Money Alone

X The Problem:

- Picking a career just for the paycheck often leads to burnout and job-hopping.
- Parents pressure kids into "safe" careers instead of ones that fit their natural strengths.

✓	How to Fix It:
	Ask your teen: "What do you love doing, even if you don't get paid for it?"
	List 3 activities they enjoy that could turn into a career.
	Research real-life examples of people making money in those fields.

Quick Tip: Many "fun" careers (like video editing, coding, and business) can be more profitable than traditional jobs.

⚠ Mistake #3: Expecting Schools to Teach Career Readiness

X The Problem:

- Schools teach subjects but not real-world skills.
- **Resumes, interviews, networking, and finances** are NOT covered in school (and if they are usually poorly covered!).
- Many students graduate with zero work experience.

How to Fix It:
Help your teen connect with professionals in careers they're curious about.
Set up a job shadowing experience (or even just a coffee chat with a pro).
Encourage part-time work, internships, or freelancing.

Quick Tip: A teen who has talked to 5 professionals in different fields will have more career clarity than a college graduate who has never worked a job or networked with professionals.

△ Mistake #4: Assuming Your Teen Will "Just Figure It Out"

X The Problem:

- Many teens graduate with no plan and waste years drifting.
- They feel **overwhelmed with too many choices** and shut down.

•	/	How to Fix It:
		Schedule a career conversation with your teen this week.
		Ask them: "If you had to start earning money today, how would you do it?"
		Help them test career ideas with real-world experience (not just guess).

Quick Tip: Exposure leads to clarity! Encourage small experiments like volunteering, side gigs, or part-time jobs in different fields.

Mistake #5: Ignoring Your Own Career Growth

X The Problem:

- Parents focus so much on their teen's future that they **neglect their own career.**
- Many homeschool moms want to return to work but don't know how.
- Many dads feel stuck in jobs they hate but feel trapped.

✓	How to Fix It:
	Write down 1 career goal for yourself this year.
	If you feel stuck, brainstorm 3 small career moves (learning a skill, networking, or
exp	ploring a business).
	Set an example—your teen watches how YOU handle career growth.
_	
P	Quick Tip: The best way to guide your teen is to model career success yourself. If yo

u feel stuck, it's never too late to pivot!

№ Need Help Creating a Plan for Your Teen (or Yourself)?

Most parents and teens struggle with career clarity because they don't have a plan.

That's why I offer a **Parent & Teen Career Strategy Call** where we:

- Map out career options for your teen (college, trade, or business).
- Help YOU or your spouse rethink career choices (if you're feeling stuck).
- Create a real plan for your family's financial future.
- Get a strategy session for just \$97! (Limited seats available at this price!)

[Book Here]