

AI-Powered ACT/SAT Study Prompts

Smarter Test Prep in Minutes!

Who This Is For

This guide is for **students** preparing for the **ACT or SAT**, whether you're an AI pro or just hearing about it for the first time. **You don't need to be tech-savvy to use AI for test prep!** Think of AI like a **helpful tutor**—it won't replace studying, but it can make the process **faster, easier, and more personalized**.

How to Access ChatGPT for Free

1. **Go to:** <https://chat.openai.com>
2. **Sign up or log in** with a Google or Microsoft account (it's free to use).
3. **Start chatting!** Just type and ask questions or make statements. Use those below as great starting points.

Tip: If using the free version, keep questions clear and specific for the best results.

Sections & Prompts:

1 Study Plan Generator

- *"I'm taking the [ACT/SAT] in [X months]. I need a study plan that focuses on my weak areas: [Math, Reading, Writing]. Create a weekly schedule."*
- *"Give me a 4-week crash course study plan for the [ACT/ SAT], assuming I have [X] hours per day."*

2 Practice Questions & Explanations

- *"Give me a medium-difficulty ACT math question with five answer choices. Explain the correct answer step by step."*
- *"Generate a high-difficulty SAT reading comprehension question with an explanation of the right answer."*

3 Essay Writing & Feedback

- *"Write a high-scoring SAT essay response for this prompt: [Insert Essay Prompt]."*
- *"Critique this ACT essay: [Paste Essay]. Tell me how to improve my argument, clarity, and grammar."*

4 Reading & Vocabulary Help

- “Summarize this SAT reading passage: [Insert Passage]. What is the main idea and key themes?”
- “Explain the meaning of this ACT vocabulary word in simple terms: [Word].”

5 Test-Taking Strategy Tips

- “Give me five proven strategies to improve my ACT reading speed and accuracy.”
- “How can I avoid careless mistakes on the SAT math section?”

Getting Better Answers

One of the great things about AI tools like ChatGPT is that you can have an interactive conversation with them. Start with a basic prompt, review the response, and then refine it by asking for more details or specifying what you need.

For example, if I use the prompt:

“I’m taking the ACT in 3 months. I need a study plan. Create a weekly schedule.”

ChatGPT will likely generate a structured plan outlining what to study each week. However, it may not provide every detail you need. Here’s an example of a response:

Week 1: Overview & Initial Assessment

- **Day 1:** Take a **full-length ACT diagnostic test** (timed, official practice test).
- **Day 2:** Review results & identify strengths/weaknesses.
- **Day 3:** Learn **test strategies** (timing, pacing, guessing, answer elimination).
- **Day 4:** Math review: Algebra & Functions.
- **Day 5:** English review: Grammar rules & punctuation.
- **Day 6:** Reading review: Active reading & question types.
- **Day 7:** Science review: Interpreting graphs & experimental analysis.

If I want more details about **Day 3**, I can ask:

“Tell me more about Day 3 in Week 1. What are the key test-taking strategies, and how do I implement them?”

This follow-up will prompt ChatGPT to break down the test-taking strategies into actionable steps.

By engaging in this back-and-forth process, you can fine-tune your responses and get the most helpful information for your study plan.